

Project Calendar, Weather

Sat Oct 23 – Tue Oct 26, 2010 (Makassar)

	Sat 23/10	Sun 24/10	Mon 25/10	Tue 26/10
5am	Morning Puja 5am - 6am	Morning Puja 5am - 6am	Morning Puja 5am - 6am	Morning Puja 5am - 6am
6am				
7am	Yoga* - Sun Salutn & Meditation 6:30am - 7:30am	Yoga* - Sun Salutn & Meditation 6:30am - 7:30am	Yoga* - Sun Salutn & Meditation 6:30am - 7:30am	Yoga* - Sun Salutn & Meditation 6:30am - 7:30am
8am				
9am	Breakfast* - Guests, Members, Volunteers 8:30am - 9:30am	Breakfast* - Guests, Members, Volunteers 8:30am - 9:30am	Breakfast* - Guests, Members, Volunteers 8:30am - 9:30am	Breakfast* - Guests, Members, Volunteers 8:30am - 9:30am
10am	Yoga* - Asana Class 10am - 11:30am	Yoga* - Asana Class 10am - 11:30am	Yoga* Asana Class 10am - 11:30am	Yoga* - Asana Class & Guided Relaxation 10am - 11:30am
11am				
12pm	Midday Puja 12pm - 12:30pm	Midday Puja 12pm - 12:30pm	Midday Puja 12pm - 12:30pm	Midday Puja 12pm - 12:30pm
1pm	Lunch* - Guests, members, Volunteers 12:30pm - 1:30pm	Lunch* - Guests, Members, Volunteers 12:30pm - 1:30pm	Lunch* - Guests, Members, Volunteers 12:30pm - 1:30pm	Lunch* - Guests, Members, Volunteers 12:30pm - 1:30pm
2pm				Yoga Workshop with Yvonne* 2pm - 4pm
3pm	Yoga* - Guided Relaxation 3pm - 3:30pm	Yoga* - Guided Relaxation 3pm - 3:30pm	Yoga* - Guided Relaxation 3pm - 3:30pm	
	3pm - 3:30pm Yoga* - Guided Relaxation 4pm - 5pm House Yoga - with Kawidana 5pm - 5:30pm Dusk Puja 6:30pm - 10pm Welcome Dinner*	3pm - 3:30pm Yoga* - Guided Relaxation 4:30pm - 8pm Purnama Puja* - temple TBA 8pm - 9pm Late Dinner* with Guests, Members,	Tenganan Village Visit* 3pm - 3:30pm Yoga* - Guided Relaxation 3:30pm - 6:30pm Tenganan Village Visit* 6:30pm - 7:30pm Dinner* - Guests, 7:30pm - 8pm Evening Puja	4pm - 5pm House Yoga - with Kawidana 5pm - 5:30pm Dusk Puja 6:30pm - 7:30pm Dinner* - Guests, 7:30pm - 8pm Evening Puja

	Wed 27/10	Thu 28/10	Fri 29/10
5am	Morning Puja 5am - 6am	Morning Puja 5am - 6am	Morning Puja 5am - 6am
6am			
7am	Yoga* - Sun Salutn & Meditation 6:30am - 7:30am	Yoga* - Sun Salutn & Meditation 6:30am - 7:30am	Yoga* - Sun Salutn & Meditation 6:30am - 7:30am
8am			
9am	Breakfast* - Guests, Members, Volunteers 8:30am - 9:30am	Breakfast* - Guests, Members, Volunteers 8:30am - 9:30am	Breakfast* - Guests, Members, Volunteers 8:30am - 9:30am
10am	Yoga* - Asana Class 10am - 11:30am	Yoga* - Asana Class 10am - 11:30am	Yoga* - Asana Class & Guided Relaxation 10am - 11:30am
11am			
12pm	Midday Puja 12pm - 12:30pm	Midday Puja 12pm - 12:30pm	Midday Puja 12pm - 12:30pm
1pm	Lunch* - Guests, Members, Volunteers 12:30pm - 1:30pm	Lunch* - Guests, Members, Volunteers 12:30pm - 1:30pm	Lunch* - Guests, Members, Volunteers 12:30pm - 1:30pm
2pm	Water Palace Tours* - Tirtagangga, 'Masgerdam', Ujung 2pm - 6:30pm		
3pm		Yoga* - Guided Relaxation 3pm - 3:30pm	Yoga Workshop with Yvonne* 2:30pm - 4:30pm
	5pm - 5:30pm Dusk Puja 6:30pm - 7:30pm Dinner* - Guests, Members, Volunteers 7:30pm - 8pm Evening Puja	3pm - 3:30pm Yoga* - Guided Relaxation 4pm - 5pm House Yoga - with Kawidana 5pm - 5:30pm Dusk Puja 6:30pm - 7:30pm Dinner*- Guests, Members, Volunteers 7:30pm - 8pm Evening Puja	2:30pm - 4:30pm Yoga Workshop with Yvonne* 5pm - 5:30pm Dusk Puja 6:30pm - 9:30pm Farewell Dinner* - till finish